

# Build your own ZERO WASTE KIT

**Many wasteful plastic items come into our lives when we are out and about, and it's hard to avoid them if we're not prepared with reusable alternatives.** Make a kit stocked with reusable options and show disposables who's boss! We recommend including the items below in your Zero Waste on-the-go kit:



## REUSABLE, NON-PLASTIC BEVERAGE CONTAINERS

Look for stainless steel travel mugs and glass or stainless steel water bottles. Mason jars are also a great option, and can often be found secondhand!



## REUSABLE TOTES

Keep one in your purse, backpack, car, or bike so you always have one on hand.

## FOOD CONTAINERS

Bring stainless steel or glass food containers for take-out or leftovers when dining out. Mason jars are also a great option!



## COTTON PRODUCE BAGS

Make your own using old pillow cases, clothes, or scrap fabric. Can't sew? Check your local grocery or Zero Waste store (we especially like sets with the tare weight marked).

## REUSABLE STRAWS

Take your pick from bamboo, steel, glass, silicone, and beyond (and don't forget a straw-cleaning brush!)



## REUSABLE UTENSILS

There are many non-plastic travel utensil sets available, or you can make your own with metal silverware wrapped in a cloth napkin. Keep a few in your kit to share!



## KEEP YOUR ZERO WASTE KIT HANDY!

**Place your on-the-go kit where you'll use it most!** Do you get coffee mid-morning with coworkers? Keep your travel coffee mug at the office! Do you bike to the grocery store? Store your shopping bags in your bike basket! Keeping your reusable supplies conveniently located will help you avoid single-use plastic bags, cups, bottles, straws, and utensils.